

NAIPUNNYA SCHOOL OF MANAGEMENT

A Project of the Archdiocese of Ernakulam-Angamaly | Affiliated to the University of Kerala Accredited by NAAC with A grade | ISO 9001:2015 Certified | Approved by AICTE Recognised Under Section 2(f) of UGC Act 1956

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SPORTS POLICY

PREFACE

In the contemporary educational landscape, the role of sports transcends beyond mere physical activity; it is an essential pillar in fostering holistic development. At Naipunnya School of Management, we recognize the profound impact of sports on students' physical health, mental well-being, and overall personal growth. Our commitment to nurturing well-rounded individuals drives our dedication to providing comprehensive sports programs that complement academic pursuits. This Sports Policy is a testament to our belief in the power of sports to shape character, instil discipline, and promote teamwork. It is designed to create an inclusive environment where every student, regardless of their skill level, can participate and thrive. Through this policy, we aim to encourage a culture of active participation, excellence, and sportsmanship. By integrating sports into the educational experience, we strive to enhance students' leadership qualities, resilience, and a sense of fair play. Our initiatives are geared towards ensuring that students reap the physical, mental, and social benefits of sports, preparing them for the challenges of the future. We envision a vibrant sports community at Naipunnya School of Management, where students are inspired to pursue their passions, achieve their potential, and develop a lifelong love for sports. This policy outlines the framework and guidelines that will help us achieve these goals, ensuring that sports remain an integral part of our institutional ethos;

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1. SPORTS POLICY

Sports has an important role to play in an educational institution. It has been scientifically proven that participation in sports can lead to improved cognitive functioning and significant physical, social and emotional development. This in turn supports curriculum delivery and contributes to a positive college culture. This policy provides a framework to support physical education and sports in **NSMC**. It aims to ensure the safe and effective participation of all students in physical education and sports activities

2. VISION

The Department of Physical Education is dedicated to fostering student well-being through active participation in games and sports. Our goal is to encourage widespread involvement, contributing to the overall personality development of our students and helping them discover and hone their talents. By promoting excellence in sports, we aim to achieve remarkable performances at national and international levels, thereby elevating the college to its highest glory.

3. OBJECTIVES

- i. To encourage students to participate in recreational and competitive sports programs.
- ii. To educate students about the benefits of maintaining an active lifestyle.
- iii. To engage faculty members in supporting the sports Coordinator by promoting, organizing, and supervising the college's sports and 'Active Life' programs.
- iv. To develop professional athletes across various sports by providing comprehensive training for both competitive and recreational activities.

4. SPORTS POLICY

The following guidelines must be adhered to:

- The College coordinator of Physical Education shall organise, supervises and administrates competitive, recreational and leisure time sports activities.
- The College shall organise talent search programmes to identify talented sportsmen eligible to join the college at graduate and post graduate levels.
- iii. College will avail scholarships to students with exceptional talents in Sports to meet their college and hostel fees.
- iv. The student should take pride in associating themselves with sports activities Motivate and promote fellow students to take part in sports.
- v. The teachers should take pride in associating themselves with sports activities and in motivating/promoting students to take part in sports.
- vi. The teachers should assist the Department of Physical Education and sports in promoting, organizing and supervising the college sports programme.
- vii. The teachers should volunteer to organise additional lectures/practical (if possible) for the college sportsmen and women and provide a fair chance to the student to undergo and complete the academic work for those who turn absent due to their involvement in external training sessions and tournaments.
- viii. The teachers must be aware about the achievements of their students and must highlight the same during their interaction with each other, if possible, in a classroom situation.
 - ix. Coaches / physical educators are responsible for the students in their care at all times
 - x. Coaches / physical educators and their players are responsible for seeing that the playing area and surrounding environment is litter-free before and after the matches

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- xi. Coaches / physical educators and captains should thank those who facilitated the event and provide refreshments for 'away' matches.
- xii. All sporting accidents must be recorded on Accident Report Sheets.
- xiii. For 'away' games, it is the college policy that all players must use the transport organized by the college.
- xiv. All discipline problems on the sports field will be dealt with by the coaches / physical educators. Serious misdemeanours must be reported to the Principal / Vice Principal.
- xv. It is the responsibility of coaches that all college sports equipment should be cared for properly and returned to its appropriate location after use.
- xvi. Appropriate attire must be worn for participation in sporting events. Lady students should avoid wearing jewellery when participating in competitive sports. They may carry cash and valuables like mobiles at their own risk.
- xvii. The college will make reasonable adjustments to provide students the opportunity participates in physical education activities as and when required.
- xviii. Students participating in sport events outside the college campus must have consent from their parents / guardians.
 - xix. Students are expected to accept the decisions of the match officials, cooperate with coaches, teammates, mentors, officials, and opponents. All disagreements must be resolved with the captain, coach, or manager during, before or after the competition in parliamentary manner.
 - xx. Students are expected to obey the rules and take responsibility for their behaviour.
 - xxi. Students should not use foul language or behave in an unsportsmanlike manner.
- xxii. The captain of the team must lead by example as a model of team spirit, sportsmanship and good behaviour

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7. POLICY REVIEW

This policy shall be reviewed annually and may be amended as and when required to retain its contemporary relevance. Any stakeholder of the institution may submit proposal for the improvement of policy to the IQAC. The proposed changes shall be reviewed by IQAC and, if found suitable, shall be forwarded to the higher authorities for consideration. Person in charge: 1) Principal 2) IQAC Coordinator

Bi de

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